

## Vitamin



**Presenter:**

Dr. Ali Sengel

**Date/Time:**

Wednesday

@ 22:30 KSA-23:30 UAE

### **A medical show**

A medical show concerned about the health of individuals and families featuring ways of safeguarding it, presented by Dr. Ali Sengel who advises the audience about their health issues and ways of facing the most common health problems in the Arab community. In each episode, a new health issue is discussed with a number of specialists in order to take advantage of their experiences and advice. One of the show's parts brings to light one of the nowadays illnesses which numbers of infected people increase day after day, such as diabetes, leukemia, high blood pressure, fatigue, and others. The show also pinpoints risks of plastic surgeries, exposition to sunlight, casualties resulting from sports games or exercises, and others.